

PerformCARE

Helping families across New Jersey

Contact us toll-free: 1-877-652-7624

PerformCare New Jersey

PerformCare partners with the state of New Jersey's Division of Children's System of Care (CSOC) as the single point of entry for all children, adolescents and young adults (*up to age 21*) who are in need of behavioral health, or developmental and intellectual disability, or certain substance abuse treatment services.

PerformCare is focused on prevention and early intervention by connecting a young person with the care they need in the most appropriate setting—the right care in the right place at the right time. Our goal is to help families and caregivers create a more stable and healing environment for children, address barriers to well-being, and maximize youth and family strengths.

How we help

Starting with just one phone call, PerformCare can help a parent or guardian connect their child to the behavioral health, substance abuse and developmental disability services they need to be well and thrive.

We are available 24 hours a day, 7 days a week.

PerformCare staff are available 24 hours a day, 7 days a week to provide individualized care to eligible children. Depending on the child's unique needs, support may include:



✓ In-home therapy	✓ Family support services	✓ Behavioral supports
✓ Mobile crisis response	✓ Care management	✓ Out-of-home treatment
✓ Respite services	✓ Assistive technology devices	✓ Outpatient services
✓ Summer camp assistance	✓ Substance abuse treatment/referral (under 18 only)	

When to call

If you have never called PerformCare before, you may not be sure if you should reach out to us. We want to assist families as early as possible. Families should call if their child's behavior has changed from normal or if they are overwhelmed by challenges at home or in the community. Contact us, for example, if:

- You are struggling to meet the needs of your developmentally delayed child or adolescent.
- Your child refuses to attend school, or has repeated lateness or skipping, or if you have other concerns about his or her school performance.
- Your child shows physical and/or verbal aggression, bullies others, or is being bullied.
- You observe family conflict, including youth substance abuse or refusal to comply with rules.
- Your child seems to experience grief that is beyond "normal," such as from the loss of a family member or friend through divorce, death or relocation.
- Your child experiences a traumatic event, such as a house fire or witnessing violence.
- A trusted friend, teacher or other adult in your child's life has expressed concerns.
- You'd like to know more about the types of services available.

“PerformCare was there in my time in of need. They were able to link me to care management and they took the time to set up services. Setting me up with services lifted such a burden and it also allowed me to be able to really work on being a family again.”

—Glenn M, parent

Keys to Success

Early response and prevention

New Jersey Children's System of Care has achieved tremendous results. The system is reaching more children at a younger age than ever before. By engaging children in support services at an earlier age, NJ Children's System of Care can often prevent a more serious and difficult behavioral problem from developing. This early intervention means children have a better chance of positive outcomes and being healthy and happy.

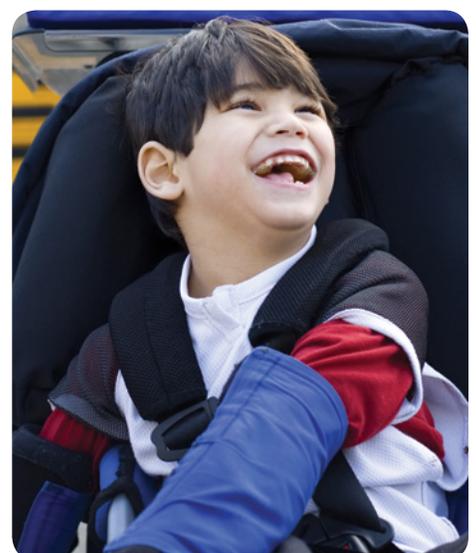
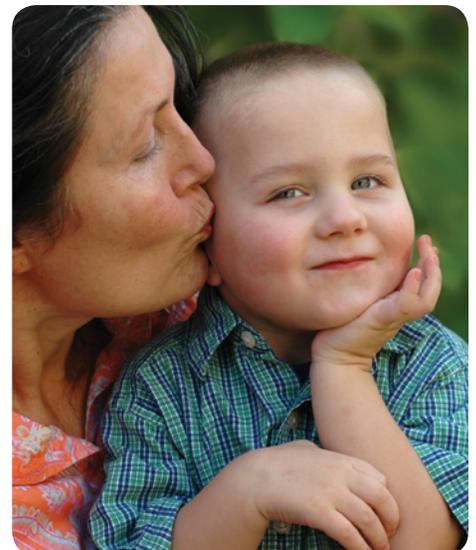
Child-centered care in the right place

No matter what the challenge, PerformCare can direct a child's family to the NJ Children's System of Care program that will put him or her on the path to healing. These services include in-home, in-community and out-of-home programs.

NJ Children's System of Care is accessible whenever and wherever the challenge arises.

Mobile Response is provided to youth who experience challenges that threaten their current living arrangements. They provide face-to-face crisis response within one hour of notification. The goal is to stabilize behavior and preserve the child's ability to remain in the home. Mobile Response is available 24 hours a day, 7 days a week, and can offer up to an additional 8 weeks of stabilization services in certain situations. Mobile Response has demonstrated great success with this rapid-response system: 96 percent of children served by this program in 2012 remained in their homes instead of needing out-of-home placement.

NJ Children's System of Care ensures that children and young adults receive care in the setting best suited to their needs. The goal is to keep children at home whenever possible, where they can remain in a familiar environment with their family support system. When out-of-home treatment is needed, PerformCare works with the family to identify the best program available and helps monitor the service to ensure treatment goals are being met so the child can return home.



Additional services

- **Care management:** Using a wraparound approach, local organizations combine advocacy, service planning and coordination for youth with moderate-to-intense needs.
- Family and peer-support organizations provide education, advocacy and peer support to families, ensuring that key values of NJ Children's System of Care are upheld and that families can navigate the system.

Founded in 1994, PerformCare is a member of the AmeriHealth Caritas Family of Companies—the nation's leader in health care solutions for the underserved. With nearly 30 years of experience, AmeriHealth Caritas is dedicated to ensuring the delivery of quality health care to populations covered by publicly funded programs. We help people get care, stay well and build healthy communities.

Contact us toll-free (*parents, guardians and youth*):

1-877-652-7624

TTY: 1-866-896-6975



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www.performcarenj.org/families