

Asking for Help is a Sign of Strength



Parents Anonymous of New Jersey, Inc.

24-Hour Family Helpline

1-800-THE-KIDS

(1-800-843-5437)

- Who do you talk to when your baby will not stop crying?
- Where do you call when your teen will not follow your house rules?
 - Do you know where to look for community resources?
 - Do you know where your local Parent Support Group meets?

The Family Helpline offers a safe, caring place to talk, crisis intervention and referrals to community resources.

- Always Answered by a Trained, Caring Volunteer
 - Dedicated to Family Issues
 - Completely Confidential
- Available 24-hours a day, 7 days a week

Strengthening families for over 30 years

35 Halsey Street • 3rd Floor • Newark, NJ 07102

127 Route 206 • Suite 10 • Trenton, NJ 08610

1301 N. 10th Street, Millville, NJ 08332

Tel: (609) 585-7666 or (800) 843-5437 (1-800-THE-KIDS)

E-mail: panjstress@aol.com