
NU-DAY PROGRAM



Contacts:

VIVIAN ARROYO MSW, LSW, LCADC, ICADC,
DRCC, CAMS-I, CCTP, DOCTORATE CANDIDATE
VARROYO@PREVENTIONLINKS.ORG
(732) 768-8516 OR 973-289-1820

RUBY OFORI-ARTHUR, MSW, LSW, CPRC
ROFORIARTHUR@PREVENTIONLINKS.ORG
(732) 372-1621

JAMES WEATHERBORN
JWEATHERBORN@PREVENTIONLINKS.ORG
(848) 248-2286



ELIGIBILITY CRITERIA:

A YOUTH MUST BE BETWEEN THE AGES OF 13-17, DIAGNOSED WITH A SUBSTANCE USE DISORDER (MILD, MODERATE, OR SEVERE), AND RESIDE IN THE NORTHEASTERN NJ REGION.

***** PRIORITY WILL BE GIVEN TO YOUTH WHO ARE INVOLVED WITH THE JUSTICE SYSTEM*****

SERVICES OFFERED: APG SERVICES WILL RUN FOR 2.5 HOURS THREE EVENINGS PER WEEK. PLUS CONTACT ON OFF NIGHTS. WEEKEND ACTIVITIES WILL ALSO BE OFFERED ON A ROTATING SCHEDULE.

***** UPON COMPLETION YOUTH WILL BE ENCOURAGED TO CONTINUE TO ATTEND WEEKLY SELF-HELP GROUPS AND SOCIAL/RECREATIONAL ACTIVITIES*****



NEW BRUNSWICK
PREVENTION LINKS, INC
97-99 BAYARD ST, UNIT 201
NEW BRUNSWICK, NJ 08901

THE BASIC COMPONENTS OF AN APG ARE AS FOLLOWS

MENTORSHIP: YOUNG ADULT ROLE MODELS IN RECOVERY WHO HAVE RECEIVED SPECIALIZED TRAINING IN HOW TO MENTOR YOUTH WITH SUBSTANCE USE DISORDERS.

COUNSELING: LESS CENTRAL IN AN APG THAN IN A TRADITIONAL OUTPATIENT MODEL, COUNSELING IS PROVIDED BY A LICENSED MENTAL HEALTH PROFESSIONAL WHO SPECIALIZES IN ADOLESCENT SUD ISSUES.

PSYCHOSOCIAL EDUCATION: NON-CLINICAL IN NATURE, PSYCHOSOCIAL EDUCATION GROUPS COVER TOPICS SPANNING THE SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA) EIGHT DIMENSIONS OF WELLNESS

FAMILY SUPPORT: A ONCE-WEEKLY FAMILY SUPPORT GROUP WILL BE OFFERED FOR PARENTS, GUARDIANS, AND OTHER FAMILY MEMBERS

SELF-HELP MEETINGS: SELF-HELP MEETINGS WILL BE OFFERED TWICE WEEKLY AT THE APG AND FACILITATED BY A MENTOR OR BY A YOUTH LEADER.

SOCIAL FUNCTIONS: WEEKLY SOCIAL FUNCTIONS MAY INCLUDE OPEN MIC NIGHT, POETRY SLAMS, SPORTING EVENTS, HIKES, BEACH DAYS, AND MORE.