

How Can TLC Benefit Your School and Community?

Each county has a TLC Coordinator who receives support and technical assistance from the TLC Central Office. There are many ways your County TLC Coalition can work collaboratively with your school and community to fulfill mandates and provide training to further your mission. The TLCs are available to:

- Provide **county coalition meetings** for the purpose of disseminating information, and reviewing **best practices** in the areas of mental health, trauma and suicide prevention. Educator Professional Development Credits are available for attending the educational component of these meetings.
- Coordinate a **two-hour Suicide Awareness Training for Educators** to fulfill the professional development requirement, per **N.J.S.A. 18A:6-11**.
- Provide training in **Post Traumatic Stress Management (PTSM)** for school crisis team members to assist in implementing the postvention provisions in the New Jersey Department of Education's document titled **School Safety and Security Manual: Best Practice Guidelines**.
- Provide **regional training workshops** in the **Chronological Assessment of Suicidal Events (CASE) Approach** developed by Shawn Christopher Shea, MD. This half-day workshop provides front-line counselors and clinicians with state-of-the-art skills necessary to tackle one of the most difficult clinical situations facing them: gathering valid data about deation, plan and intent during a suicide assessment. These regional workshops are provided at no cost.
- Provide schools, at no charge, **assistance from the TLC's Lead Response Teams (LRT)** in the event of a traumatic loss. Assistance can range from phone consultation and support to the provision of on-site services.
- Consult with schools and communities regarding **evidenced-based suicide curricula**. This consultation can help schools fulfill the requirements of the New Jersey Core Curriculum Content Standards.



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... in cooperation with each county's

**Mental Health Administrator
Superintendent of Schools
Office of the Prosecutor**

For additional information contact

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*We are dedicated to excellence in
suicide prevention and in providing a
collaborative, coordinated mental health
response following critical incidents
affecting our school-aged youth.*

Sponsored by

New Jersey Department of Children and Families
Division of Child Behavioral Health Services

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The Traumatic Loss Coalitions for Youth

prevention program funded by the New Jersey Department of Children and Families, Division of Child Behavioral Health Services. The TLC Program is an interactive, statewide network offering training, collaboration and support to professionals working with school-age youth. The dual mission of the TLC is excellence in both **suicide prevention** and **trauma response assistance** to schools following sudden losses due to suicide, homicide, accident and illness. This is accomplished through county, regional and statewide conferences, training, consultation, and technical assistance. The purpose of the TLC is to ensure that those working with youth from a variety of disciplines and programs have up-to-date knowledge about mental health issues, suicide prevention, trauma response, and resiliency enhancement.

The TLC has operated as a county-based collaborative since 2000 with a TLC Coordinator in each county. These County Coordinators provide Coalition meetings throughout the year bringing together school personnel, mental health clinicians, juvenile justice personnel, law enforcement officials, social service agencies and child welfare workers. These meetings are effective forums for reviewing crisis events, identifying service needs, and providing professional development through the inclusion of an educational presentation.

The TLC Coordinators also work within their counties to either develop a **Lead Response Team (LRT)** or support an existing one. These teams remain available to assist schools when needed following a traumatic loss event. The members of these teams are trained in **Post Traumatic Stress Management (PTSM)**, **Psychological First Aid (PFA)**, and **Classroom Based Interventions (CBI)** for youth.